WHAT IS CLAIMED IS:

1. A composition comprising:

an alpha-2-adrenergic agonist, and

a fatty acid component,

the fatty acid component forms a complex with the alpha-2-adrenergic agonist; the complex remaining substantially intact in an aqueous environment.

- 2. A composition of claim 1 wherein the fatty acid component is present in an amount effective to enhance the efficacy of the agonist relative to the efficacy of the alpha-2-adrenergic agonist without the fatty acid component.
- 3. A composition of claim 1 wherein the agonist comprises a quinoxaline component.
- 4. A composition of claim 3 wherein the quinoxaline component is selected from the group consisting of quinoxaline, (2-imidozolin-2-ylamino) quinoxaline, 5-bromo-6-(2-imidozolin-2-ylamino) quinoxaline, and derivatives thereof and mixtures thereof.
- 5. A composition of claim 1 wherein the fatty acid component is selected from the group consisting of saturated fatty acids and unsaturated fatty acids, derivatives thereof and mixtures thereof.
- 6. A composition of claim 1 wherein the fatty acid component is selected from the group consisting of fatty acids having about 12 to about 26 carbon atoms per molecule, derivatives thereof and mixtures thereof.

- 7. A composition of claim 1 wherein the fatty acid component is selected from the group consisting of docosahexanoic acids, derivatives thereof and mixtures thereof.
- 8. A composition of claim 1 wherein the fatty acid component is selected from the group consisting of linolenic acids, derivatives thereof and mixtures thereof.
- 9. A composition of claim 1 wherein the fatty acid component has a therapeutic effect.
- 10. A composition of claim 1 wherein the fatty acid component has a therapeutic effect while being in a complex with the agonist.
- 11. A composition of claim 1 wherein the fatty acid component has a therapeutic effect while not being in a complex with the agonist.
- 12. A composition of claim 1 wherein the fatty acid component is effective to reduce intraocular pressure when it is administered to the eye.
- 13. A composition of claim 1 wherein the fatty acid component is selected from the group consisting of prostanoids, derivatives thereof and mixtures thereof.
- 14. A composition of claim 1 wherein the fatty acid component is present in an amount effective to enhance the movement of the alpha-2-adrenergic agonist across a lipid membrane.

- 15. A composition of claim 1 wherein the fatty acid component enhances the movement of the agonist component across a biological membrane under physiological conditions.
- 16. A composition of claim 1 wherein the fatty acid component is effective to enhance the therapeutic effect provided by the agonist.
- 17. A composition of claim 1 wherein the complex is able to disassociate in a biological environment.
- 18. A composition of claim 1 which includes at least one additional agonist and the fatty acid is complexed with both the agonist and the additional agonist.
- 19. A composition of claim 1 which includes at least one additional fatty acid component and the agonist is complexed with both the fatty acid component and the additional fatty acid component.
- 20. A composition of claim 1 which is ophthalmically acceptable.
- 21. A composition of claim 1 which further comprises a carrier.
- 22. A composition of claim 1 wherein the agonist comprises 5-bromo-6-(2-imidozolin-2-ylamino) quinoxaline; and

the fatty acid component is selected from the group consisting of docosahexanoic acids, linolenic

D-2910

acids, prostanoids, derivatives thereof and mixtures thereof.

23. A composition comprising:

a 5-bromo-6-(2-imidozolin-2-ylamino)

quinoxa-line; and

a linolenic acid component,

wherein the 5-bromo-6-(2-imidozolin-2-ylamino) quinoxaline forms a complex with the linoleic acid component, the complex substantially remains intact in an aqueous environment.